



Ring Sling

INSTRUCTIONS



Important Safety Information

WARNING

Failure to follow the manufacturer's instructions can result in death or serious injury

SUFFOCATION HAZARD

Ensure that the baby's face is above the fabric, visible and free from obstructions at all times.

Babies at the greatest risk of suffocation include those born prematurely, those with respiratory problems and those under four months of age.

Ensure that the baby does not curl into a "C" position with the chin resting on or near the chest. This position can interfere with breathing, even if nothing is covering the nose or mouth.



CORRECT
Vertical (optimal)
Chin up, face visible,
nose and mouth
NOT covered



CORRECT
Vertical (optimal)
Chin up, face visible,
nose and mouth
NOT covered



INCORRECT
Baby is too low.
Baby's face is
covered



INCORRECT
Baby is hunched, chin
touching chest. Baby's
face is covered

General Points of Safety

No carrier is completely secure on its own. When carrying your baby be aware of their safety at all times.

Before using your carrier practice several times with a doll or a bag of flour first. Then when practicing with baby, have someone there with you to help if needed.

Always inspect your carrier before use for wear or damage such as rips or holes.

Do not use a carrier to carry a child you would not normally carry in your arms. Please consult a medical professional before using a carrier with a premature baby.

Do not use a carrier in place of a car seat. Always place your child securely in car seat while in a vehicle.

Do not put more than one child in a carrier at a time or wear more than one carrier at a time.

Leaning, bending, or tripping can cause baby to fall. Keep one hand on baby at all times while moving in any direction.

Bend with your knees not with your back while using a carrier. Bending over can cause baby to fall out. Always keep one hand on baby to prevent falling.

Carriers can allow your hands to be free for other activities. However, you should take special care that those activities do not pose a risk to your baby.

Do not use any carrier near open flames. These carriers are not flame retardant and neither is baby.

THIS IS NOT A COMPREHENSIVE SAFETY LIST. PLEASE USE COMMON SENSE TO KEEP YOUR BABY SAFE. REMEMBER THAT BABY'S SAFETY WHILE USING A CARRIER IS ALWAYS THE WEARER'S RESPONSIBILITY

Threading the Ring Sling



1 Place the rings on your shoulder and bring the remainder of the ring sling across your back towards the front of your body



2 Fold the tail of the ring sling accordion style to be able to pass it easily through the rings



3 Pull the tail through both rings and then back over the first ring and under the second ring



4 Distribute the fabric evenly across the rings to avoid tangling it



5 Pull the tail to form a "pocket". Not too tight and not too loose



6 You can now remove the ring sling for use on another occasion

IT IS IMPORTANT FOR THE MATERIAL TO RUN EVENLY THROUGH BOTH RINGS TO ACHIEVE PERFECTLY ADJUSTED RING SLING

Front Carry



1 Put the threaded ring sling on



2 Pull the tail of the ring sling to adjust the size of the "pocket"



3 Put baby high up on your shoulder and tuck his or her legs through the "pocket" of the ring sling



4 Gently lower baby's entire body into the ring sling



5 Form the seat by pulling the fabric under baby's rear and towards baby's navel



6 Strand by strand pull the tail to tighten the pocket to fit the size of baby

THE FRONT CARRY POSITION IS IDEAL FOR BABIES OF ALL AGES. IT IS RECOMMENDED FOR CHILDREN AGES NEWBORN TO 5 YEARS

PROPER POSITIONING FOR BABY IS WHEN BABY'S BACK IS IN A SLIGHT "C" SHAPE AND THE BABY'S LEGS ARE IN AN "M" SHAPE, LEGS SHOULD BE SLIGHTLY HIGHER THAN THE REAR



7 Verify baby is in the correct position



8 If baby's knees are beneath baby's rear you can gently push up on the soles of baby's feet to achieve the proper "M" or froggy leg position



9 If you want you may tuck the tail by taking it between baby's legs and towards your back



10 Tuck the fabric into the strip of fabric behind your back



11 You may also use the tail to protect baby's head from the sun or the cold. Please always make sure you can see baby's face to prevent accidentally asphyxiation



12 In order to remove baby pull up on the visible ring and gently loosen the fabric until you can safely remove baby from the pocket

Hip Carry



1 Take the threaded ring sling, place it over your shoulder, and adjust the size of the pocket not too loose and not too snug so that baby can fit inside



2 Take baby and place him or her high up on our shoulder and gently pull baby's legs through the pocket



3 Gently lower baby onto your hip



4 With one hand on baby's rear pull the excess fabric towards the front of your body. Use care to not overly tighten the fabric



5 Pull the bottom of the fabric up between baby's legs towards baby's navel in order to form the seat



6 Gently pull the fabric through the rings until baby is securely against your body

THE HIP CARRY IS SUITABLE FOR BABY'S WHO ARE ABLE TO HOLD THEIR HEAD UPRIGHT AND LOOK AROUND AND IS SUGGESTED FOR BABY'S 3 MONTHS AND OLDER



7 Verify baby's back and legs are in the correct position and if necessary gently push up on the sole's of baby's feet to obtain correct positioning



8 If desired hide the tail this also helps support the seat



9 Pull the fabric in between baby's legs

WE DO NOT RECOMMEND THE FORWARD FACING OR FACE OUT POSITION BECAUSE IT PUTS PRESSURE ON THE BABY'S BACK PREVENTING IT'S NATURAL CURVATURE. IF YOUR BABY LIKES TO FACE OUT AND OBSERVE THE WORLD A HIP CARRY IS IDEAL



10 Tuck the tail into the fabric across your back



11 For smaller babies the top rail of the fabric should reach baby's neck. For larger baby's the top rail of the fabric can go under the baby's armpits so that baby can have her arms free



12 In order to remove baby loosen the visible ring while maintaining one hand on baby

Back Carry



1 Put the baby on your hip while keeping one hand on baby. With the other hand you are going to pull the rings



2 Pull the rings behind you



3 Hold baby close and pull the fabric in between baby's legs and up towards baby's navel to form the seat



4 Lean forward and put your hand over baby's head and put is behind you and hold baby again



5 At the same time pull the ring forward



6 Once baby has reached the center of your back verify that you still have the fabric under baby's bum for the seat

THE BACK CARRY IS ONLY RECOMMENDED FOR BABIES WHO CAN HOLD THEIR HEADS IN AN UP RIGHT POSITION WITHOUT ANY ASSISTANCE

WHILE POSITIONING THE BABY ON YOUR BACK NEVER STOP LEANING FORWARD AND SUPPORTING BABY WITH ONE OR BOTH HANDS



7 While still leaning forward and still holding baby with one hand and begin to tighten and adjust the fabric



8 Once the fabric is fully adjusted you can stop holding baby



9 Distribute the fabric around your shoulder for a more comfortable carry



10 It is important to always be aware that your baby is breathing and is secure



11 If baby falls asleep gently stretch the top rail of the fabric almost over baby's head to protect him or her from the elements



12 To remove baby place one hand on baby while pulling up on the visible ring



13 With the rings loose it is important to be leaning forward to avoid baby falling



14 Begin to bring baby forward



15 Once baby has arrived at your side move your arm over his or her head so that it can be placed on baby's hip



16 Take baby with both hand and begin to remove baby from the ring sling



17 Move baby up on your shoulder in order to remove the fabric



18 It is best to practice this carry for several times with the help of another person before trying this carry on your own

IN THE BACK CARRY POSITION YOU MUST BE ESPECIALLY CAREFUL WHEN PLACING THE BABY AND WHEN REMOVING THE BABY AND YOU MUST ALWAYS SUPPORT THE BABY WITH ONE OR BOTH HANDS UNTIL THEY ARE COMPLETELY SECURE

IndaJani

Thank you for choosing IndaJani

At IndaJani we aim to develop artisanal and organic products that are compatible with natural parenting. We feel that our products should heighten that special bond between mother and child. We feel that raising babies with love and respect does not make them spoiled. We feel the connection, both physical and emotional, between a mother and her child is greatly important. Carrying our babies is the best for natural parenting and for parenting with love.

We also believe that we have duty to our children to leave them a better world. For that reason we know whatever man does, it must be done in a respectful manner to the environment.

This is our philosophy and our understanding of the world. For this reason we developed a product that stimulates the natural relationship of closeness that exists between mothers, fathers and children. Products that are not used purely for entertainment but to get closer to your child.

This is the philosophy behind the IndaJani products, products that are made with love, love for all that is natural. We hope that you and your baby enjoy.

Thank You

INDAJANI (ZAPOTECO BORN IN WATER) IS A
COMPANY OF ARTISANS OF SOUTHERN SIERRA
OAXACA IN MEXICO

THE CORRECT POSITION IS A COMFORTABLE POSITION









The correct position must represent the baby's natural position. If you observe your baby, you will notice that they always end up in a fetal, "froggy" or "M" position.

In this position the baby's back is curved like a "C" and their legs are bent in a way that their knees are higher than their butt.

Also we have to make sure that the ringsling or wrap is open between the legs from knee to knee in a way that when seated the baby is automatically in the ideal position. Making sure the carrier is not cutting into the baby's hamstrings.

If after adjusting the carrier we have not achieved the desired, "froggy," position we can lift up from the bottom of the baby's feet to lift their legs bend their hips a little more.

WASH INSTRUCTIONS:

	<p>Machine washable at maximum temperatures of 30 ° C or 86 degrees F. and with short spin cycle. Enter the rings in a sock so you don't damage your washer. If the sling has a fringe tie them with a rubber band to prevent the fringe from getting tangled</p>
	<p>Do not dry clean</p>
	<p>Do not bleach</p>
	<p>Iron at a maximum temperature of 150 degrees C (302 degrees F) or line dry</p>
	<p>To dry hung</p>
	<p>Do not tumble dry</p>